

# Vereinsrekorde

Stand: 31.12.2014

|                  |                  |               |                                    |                |         |
|------------------|------------------|---------------|------------------------------------|----------------|---------|
| <b><u>5w</u></b> | 400 m            | 1:56,56 min.  | Malia Winkler                      | 09/12          | MD      |
|                  | Weit             | 1,90 m        | Melina Nix                         | 05/14          | MD      |
|                  | Ball             | 5,50 m        | Amy Fritzsch                       | 06/12          | MD      |
| <b><u>6w</u></b> | 50m              | 9,03 sec.     | Lisa Sophie Spilker                | 05/14          | HBS     |
|                  | 400 m            | 1:30,76 min.  | Malia Winkler                      | 05/14          | HBS     |
|                  | 800 m            | 3:40,76 min.  | Lisa Sophie Streit                 | 11/13          | SDL     |
|                  | Weit             | 2,94 m        | Lisa Sophie Streit                 | 11/13          | SDL     |
|                  | Ball             | 11,48 m       | Malia Winkler                      | 09/13          | HBS     |
|                  | Med.-Ball        | 3,02 m        | Malia Winkler                      | 12/13          | WMS     |
|                  | Dreikampf        | 436 Pkt.      | Luisa Herbst                       | 05/12          | SDL     |
| <b><u>7w</u></b> | 50m              | 8,76 sec.     | Isabel Klaus                       | 12/13          | WMS     |
|                  | 400 m            | 1:30,70 min.  | Lisa Spilker                       | 10/14          | HBS     |
|                  | 600 m            | 2:33,34 mi.   | Malia Winkler                      | 11/14          | MD      |
|                  | 800 m            | 3:20,80 min.  | Malia Winkler                      | 11/14          | MD      |
|                  | 4 x 50 m         | 39,12 sec.    | Winkler,Fritzsch,Külz,Spilker      | 05/14          | MD      |
|                  | 3x800m           | 12:29,45 min. | Dobelke, Fritzsch, Spilker         | 05/14          | WMS     |
|                  | Weit             | 3,21 m        | Malia Winkler                      | 11/14          | MD      |
|                  | Ball             | 15,44 m       | Malia Winkler                      | 10/14          | HBS     |
|                  | Med.-Ball        | 4,50 m        | Malia Winkler                      | 12/14          | WMS     |
|                  | Dreikampf        | 795 Pkt.      | Malia Winkler                      | 09/14          | HBS     |
| <b><u>8w</u></b> | 50m              | 7,91 sec.     | Charlie Lou Winkelmann             | 11/09          | MD      |
|                  | 400m             | 1:19,82 min.  | Charlie-Lou Winkelmann             | 02/10          | MD      |
|                  | 600 m            | 2:17,29 min.  | Cecilia Marrala                    | 01/11          | Halle   |
|                  | 800m             | 2:59,12 min.  | Elisa Mewes                        | 09/12          | MD      |
|                  | 4x50m            | 33,84 sec.    | I.Klaus,Winkler,Bruchholz,Rabe     | 07/14          | SDL     |
|                  | 4x100m           | 1:10,62 sec.  | Semrau,Pohl,Sonntag,Marrala        | 02/11          | MD      |
|                  | 3x800m           | 12:37,48 min  | Sawallisch,Gatzemeier,Jackisch     | 05/04          | MD      |
|                  | Weit             | 3,73 m        | Lisa Wißmach                       | 06/96          | QLB     |
|                  | Ball             | 28,40 m       | Johanna Beuck                      | 09/00          | MD      |
|                  | Medizin-Ball     | 6,30 m        | Charlie Lou Winkelmann             | 12/09          | WMS     |
|                  | Dreikampf        | 1066 Pkte.    | Lisa Wißmach                       | 10/96          | SBK     |
|                  | Team Dreikampf   | 3744 Pkte.    | Marrala,Semrau,Pohl,Mrozek Sonntag | 09/11          | SBK     |
|                  | <b><u>9w</u></b> | 50m           | 7,50 sec.                          | Sandra Fischer | 06/98   |
| 400m             |                  | 78,71 sec.    | Cecilia Marrala                    | 02/12          | MD      |
| 600 m            |                  | 2:18,66 min.  | Jessica Pohl                       | 05/11          | Dessau  |
| 800m             |                  | 2:48,65 min   | Solveig Kanowski                   | 12/07          | MD      |
| 2000m            |                  | 8:38,7 min.   | Lisa Wißmach                       | 04/97          | Vechede |
| 3 km Straße      |                  | 14:18 min.    | Lisa Wißmach                       | 04/97          | MD      |
| 4x50m            |                  | 33,55 sec.    | Sonntag,Pohl,Ortmann,Marrala       | 09/12          | QLB     |
| 4x100m           |                  | 67,18 sec.    | Jakob,Stöber,Marrala,Pohl          | 11/10          | MD      |
| 3x800m           |                  | 9:15,17 min.  | Rintorf,Neumann,Kanowski           | 05/07          | SBK     |
| Weit             |                  | 3,85 m        | Johanna Beuck                      | 09/01          | QLB     |
| Ball             |                  | 34,70 m       | Julie Jackisch                     | 10/05          | MD      |
| Medizin-Ball     |                  | 7,60 m        | Johanna Beuck                      | 11/01          | WMS     |

|                |            |                                      |       |     |
|----------------|------------|--------------------------------------|-------|-----|
| Dreikampf      | 1215 Pkte. | Johanna Beuck                        | 09/01 | MD  |
| Team-Dreikampf | 2769 Pkte. | Wißmach-Siebers-Minkwitz             | 09/96 | SBK |
| Team Dreikampf | 3646 Pkte. | Winkelmann, Knorr, Stöber, Bock      | 02/10 | MD  |
| Team-Dreikampf | 4399 Pkte. | Semrau,Pohl, Maralla,Braune<br>Mewes | 09/12 | HBS |

|            |                |              |  |       |          |
|------------|----------------|--------------|--|-------|----------|
| <b>10w</b> | 50m            | 7,40 sec.    | Sandra Fischer                         | 03/99 | Halle    |
|            | 400 m          | 83,91 sec.   | Susan Kristin Jakob                    | 01/11 | MD       |
|            | 600 m          | 2:13,86 min. | Katharina Semrau                       | 03/13 | MD       |
|            | 800m           | 2:43,86 min. | Nicole Siebers                         | 12/97 | MD       |
|            | 2000m          | 8:22,2 min.  | Nicole Siebers                         | 04/97 | Vechelde |
|            | 3 km Straße    | 12:09,0 min. | Sabrina Fischer                        | 03/95 | MD       |
|            | 3 Km Team      | 46:06 min.   | Jakob, Bock, Winkelmann                | 04/11 | MD       |
|            | 4x50m          | 30,51 sec.   | Rintorf,Neumann,Born,Kanowski          | 07/08 | SBK      |
|            | 4x100m         | 61,33 sec.   | Stöber,Jakob,Pohl,Winkelmann           | 11/11 | MD       |
|            | 3x800m         | 8:55,30 min. | Wißmach-Vaupel-Rocher                  | 07/98 | MD       |
|            | Weit           | 4.17 m       | Johanna Beuck                          | 03/02 | MD       |
|            | Hoch           | 1,31 m       | Cecilia Marrala                        | 12/13 | WMS      |
|            | Ball           | 36.71 m      | Franziska Hartmann                     | 06/03 | WMS      |
|            | Med.-Ball      | 8,87 m       | Adina Rocher                           | 12/98 | WMS      |
|            | Dreikampf      | 1266 Pkte.   | Johanna Beuck                          | 09/02 | HDL      |
|            | Vierkampf      | 1557 Pkte.   | Johanna Beuck                          | 09/02 | MD       |
|            | Team-Dreikampf | 5272 Pkte.   | Maralla,L.Klaus,Pohl,Weißgerber,Braune | 09/13 | SBK      |
|            | Team Vierkampf | 6372 Pkte.   | Marrala,Pohl,Weißgerber,Semrau,Braune  | 09/13 | SBK      |
|            | DSMM Gr. 2     | 3012 Pkt.    | Henfler,Schulze,Rappholz,Galkin,Gharbi | 09/05 | SDL      |

|            |                |              |  |       |          |
|------------|----------------|--------------|--|-------|----------|
| <b>11w</b> | 50m            | 7,30 sec.    | Sabrina Fischer                                | 10/96 | SBK      |
|            | 60m Hü         | 11,39 sec.   | Cecilia Marrala                                | 09/14 | Bernburg |
|            | 400 m          | 77,18 sec.   | Jessica Stöber                                 | 01/12 | MD       |
|            | 600 m          | 2:04,75 min. | Cecilia Marrala                                | 02/14 | MD       |
|            | 800m           | 2:36,15 min. | Sabrina Fischer                                | 12/96 | MD       |
|            | 2000m          | 7:26,6 min.  | Sabrina Fischer                                | 04/96 | Vechelde |
|            | 4x50m          | 28,72 sec.   | Hartmann,Wittig,Schleif,Uebelhör               | 09/04 | SDL      |
|            | 4x100m         | 59,56 sec.   | Klausa,Pohl,Schneider,Marrala                  | 02/14 | MD       |
|            | 3x800m         | 8:20,26 min. | Vaupel-Barteczko-Wißmach                       | 06/99 | MD       |
|            | 3 km Straße    | 11:59,0 min. | Sabrina Fischer                                | 04/96 | MD       |
|            | 5 km Straße    | 20:02,0 min  | Sabrina Fischer                                | 10/96 | WTB      |
|            | 3 km Team      | 38:46,0 min. | Siebers-Minkwitz-Rocher                        | 04/98 | MD       |
|            | Weit           | 4,49 m       | Johanna Beuck                                  | 06/03 | WMS      |
|            |                | 4,49 m       | Charlie-Lou Winkelmann                         | 06/12 | Sangerh. |
|            | Hoch           | 1.34 m       | Cecilia Marrala                                | 02/14 | MD       |
|            | Ball           | 44.11 m      | Franziska Hartmann                             | 07/04 | MD       |
|            | Med.-Ball      | 9,60 m       | Franziska Hartmann                             | 11/04 | WMS      |
|            | Dreikampf      | 1342 Pkte.   | Franziska Hartmann                             | 09/04 | HDL      |
|            | Vierkampf      | 1673 Pkte.   | Franziska Hartmann                             | 09/04 | MD       |
|            | Team Dreikampf | 6114 Pkte.   | Wißmach, Mrosowski, Brähler<br>Fischer,Bartecz | 07/99 | MD       |
|            | Team Vierkampf | 7289 Pkte.   | Wißmach, Vaupel, Mrosowski,<br>Brähler Fischer | 07/99 | MD       |
|            | DSMM/Gr.2      | 3591 Pkte.   | Schleif,Hartmann,Uebelhör,<br>Wittig           | 09/04 | SDL      |

|            |             |         |      |                         |       |     |
|------------|-------------|---------|------|-------------------------|-------|-----|
| <b>12w</b> | 50m         | 7,00    | sec. | Verena Slabik           | 06/95 | SBK |
|            | 60m         | 8,61    | sec. | Manuela Wittig          | 12/05 | MD  |
|            | 50m Hü      | 10,29   | sec. | Sophie Schleif          | 11/05 | SDL |
|            | 60m Hü      | 10,30   | sec. | Julienne Fuchs          | 06/91 | MD  |
|            | 75 m        | 10,49   | sec. | Manuela Wittig          | 06/05 | SBK |
|            | 150m        | 21,67   | sec. | Manuela Wittig          | 03/05 | MD  |
|            | 200m        | 29,29   | sec. | Manuela Wittig          | 03/05 | MD  |
|            | 800m        | 2:31,06 | min. | Sabrina Fischer         | 05/97 | MD  |
|            | 2000m       | 7:14,1  | min. | Sabrina Fischer         | 05/97 | MD  |
|            | 3 km Straße | 11:34,0 | min. | Sabrina Fischer         | 04/97 | MD  |
|            | 3 km Team   | 38:36,0 | min  | Siebers, Lange, Genilke | 04/99 | MD  |
|            | 5 km Straße | 20:31,0 | min  | Anja Beyer              | 10/96 | WTB |

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|--|--------|---------|------|--|-------|-------|
|  | 4x50m  | 30,0    | sec. | Beyer, Fischer, Schubert, Tschepetzki    | 09/96 | QLB   |
|  | 4x75m  | 41,53   | sec. | Hartmann, Hinrichsmeyer, Schleif, Wittig | 06/05 | MD    |
|  | 4x100m | 59,47   | sec. | Rappholz, Haselhuhn, Henfler, Gharbi     | 01/07 | Halle |
|  | 3x800m | 8:10,58 | min. | Lange, Genilke, Siebers                  | 06/99 | MD    |

|  |                |       |       |                           |       |     |
|--|----------------|-------|-------|---------------------------|-------|-----|
|  | Weit           | 4.62  | m     | Verena Slabik             | 09/95 | MD  |
|  | Hoch           | 1.43  | m     | Solveig Kanowski          | 08/10 | WMS |
|  | Kugel          | 8.81  | m     | Julie Jackisch            | 06/08 | MD  |
|  | Diskus         | 23,75 | m     | Julie Jackisch            | 06/08 | SBK |
|  | Speer          | 26,40 | m     | Kristin Brähmer           | 07/00 | HBS |
|  | Ball           | 41.68 | m     | Laura Neumann             | 06/08 | SBK |
|  | Hammer         | 15,04 | m     | Sophie Lieske             | 05/11 | MD  |
|  | Dreikampf      | 1396  | Pkte. | Sandra Stellter           | 07/99 | MD  |
|  | Team Dreikampf | 5065  | Pkte. | Winkelmann, Jakob, Stöber | 09/11 | SBK |

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|  | Vierkampf | 1725 | Pkte. | Sandra Stellter | 07/99 | MD |
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|  | Vierk.-Mann. | 7307 | Pkte. | Hartmann, Wittig, Schleif ,<br>Hinrichsmeyer, Uebelhör | 05/05 | SDL |
|--|--------------|------|-------|--|-------|-----|

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|--|--------------|------|-------|--|-------|-------|
|  | Fünfkampf    | 2116 | Pkte. | Manuela Wittig                                       | 01/05 | Halle |
|  | Fünfk. Mann. | 5995 | Pkte. | Wittig, Hartmann, Schleif<br>Uebelhör, Hinrichsmeyer | 01/05 | Halle |

|  |               |      |       |   |       |     |
|--|---------------|------|-------|---|-------|-----|
|  | Block-WK S/ S | 2142 | Pkte. | Manuela Wittig  | 06/05 | HDL |
|  | Block Wurf    | 1644 | Pkte. | Josephine Oelze                                       | 06/02 | MD  |
|  | Block Lauf    | 1985 | Pkte. | Laura Neumann   | 06/08 | SBK |
|  | DSMM, Gr. 2   | 3646 | Pkte. | Hartmann, Uebelhör,<br>Wittig, Hinrichsmeyer, Schleif | 06/05 | SBK |

|            |             |         |      |                        |       |            |
|------------|-------------|---------|------|------------------------|-------|------------|
| <b>13w</b> | 50m         | 6,90    | sec. | Katrin Krogmann        | 06/95 | SBK        |
|            |             | 6,90    | sec. | Verena Slabik          | 10/96 | SBK        |
|            | 60m         | 8,46    | sec. | Manuela Wittig         | 03/06 | MD         |
|            | 60m Hü      | 10,39   | sec. | Carolin Kitzing        | 05/03 | MD         |
|            | 75 m        | 10,35   | sec. | Manuela Wittig         | 05/06 | HBS        |
|            | 120 m       | 17,03   | sec. | Anne Schlüter          | 05/07 | MD         |
|            | 150m        | 21,21   | sec. | Manuela Wittig         | 03/06 | MD         |
|            | 200m        | 29,04   | sec. | Manuela Wittig         | 03/06 | MD         |
|            | 250 m       | 43,43   | sec. | Anne Schlüter          | 05/07 | MD         |
|            | 800m        | 2:26,72 | min. | Nicole Siebers         | 10/00 | HBS        |
|            | 2000m       | 6:56,90 | min. | Sabrina Fischer        | 05/98 | MD         |
|            | 5 km Straße | 21:09,0 | min. | Anja Beyer             | 10/97 | Wittenberg |
|            | 3 km Straße | 11:18,0 | min. | Sabrina Fischer        | 04/98 | MD         |
|            | 3 km Team   | 36:08,0 | min. | Siebers, Vaupel, Lange | 04/00 | MD         |

|                |         |       |   |       |             |
|----------------|---------|-------|---|-------|-------------|
| 4x50m          | 27,72   | sec.  | Zschesche-Dölle-Rakel-Slabik                | 06/96 | MD          |
| 4 x 75 m       | 39,83   | sec.  | Hinrichsmeyer,Hartmann,Wittig,Leipold       | 06/06 | MD          |
| 4x100 m        | 55,17   | sec.  | Hartmann, Hinrichsmeyer,<br>Wittig, Leipold | 01/06 | Halle       |
| 3x800m         | 7:46,28 | min.  | Vaupel, Genilke, Siebers                    | 05/00 | Tangermünde |
| Weit           | 4.88    | m     | Verena Slabik                               | 06/96 | MD          |
| Hoch           | 1.46    | m     | Carolin Kitzing                             | 06/03 | Tangermünde |
| Kugel          | 9,59    | m     | Franziska Hartmann                          | 06/06 | MD          |
| Diskus         | 25.10   | m     | Jessica Zschesche                           | 08/96 | BLK         |
| Speer          | 31.99   | m     | Stephanie Paasch                            | 06/99 | MD          |
| Ball 80g       | 48.30   | m     | Melanie Thauer                              | 05/99 | QLB         |
| 200g           | 38,00   | m     | Sabrina Fischer                             | 07/98 | MD          |
| Dreikampf      | 1455    | Pkte. | Verena Slabik                               | 10/96 | SBK         |
|                | 1455    | Pkte. | Melanie Thauer                              | 05/99 | QLB         |
| Vierkampf      | 1883    | Pkte. | Verena Slabik                               | 09/96 | SBK         |
| Team-Dreikampf | 3996    | Pkte. | Krogmann-Slabik-Helbing                     | 06/95 | SBK         |
| Team-Dreikampf | 6606    | Pkte. | Harter, Kühle, Lange, Stellter, Siebers     | 07/99 | MD          |
| Team-Vierkampf | 4973    | Pkte. | Slabik-Zschesche-Rakel                      | 05/96 | SBK         |
| Team-Vierkampf | 8084    | Pkte. | Kühle, Stellter, Siebers, Harter, Lange     | 07/99 | MD          |
| Fünfkampf      | 2226    | Pkte. | Manuela Wittig                              | 01/06 | Halle       |
| DSMM           | 3695    | Pkte. | Beyer-Dölle-Zschesche-Slabik                | 10/96 | SDL         |
| Gruppe 2       |         |       | Trantschell-Pfeifer                         |       |             |
| Block- WK S/S  | 2292    | Pkte. | Carolin Kitzing                             | 06/03 | HDL         |
| Block- WK Lauf | 2163    | Pkte. | Laura Neumann                               | 06/10 | MD          |
| Block Mannsch. | 9849    | Pkte. | Hartmann, Wittig, Ricks,<br>Leipold, Seppi  | 06/06 | SBK         |

### **14w**

|             |          |      |  |       |           |
|-------------|----------|------|--|-------|-----------|
| 50 m        | 8,01     | sec. | Helene Vibrans                           | 11/10 | SDL       |
| 60m         | 8,18     | sec. | Susanne Pfeifer                          | 12/98 | Paderborn |
| 75m         | 9,76     | sec. | Susanne Pfeifer                          | 07/98 | MD        |
| 100 m       | 13,36    | sec. | Manuela Wittig                           | 05/07 | SDL       |
| 120 m       | 16,71    | sec. | Anne Jurack                              | 05/07 | MD        |
| 150 m       | 20,62    | sec. | Anne Jurack                              | 05/07 | MD        |
| 200 m       | 27,42    | sec. | Anja Beyer                               | 03/98 | MD        |
| 300 m       | 42,56    | sec. | Anja Beyer                               | 07/98 | MD        |
| 600 m       | 1:56,55  | min. | Sophie Schleif                           | 05/07 | MD        |
| 50 m Hü     | 10,71    | sec. | Laura Neumann                            | 11/10 | SDL       |
| 60 m Hü     | 9,78     | sec. | Manuela Wittig                           | 01/07 | Halle     |
| 80 m Hü     | 13,05    | sec. | Carolin Kitzing                          | 05/04 | MD        |
| 300 m Hü    | 49,60    | sec. | Manuela Wittig                           | 07/07 | Borna     |
| 800 m       | 2:18,94  | min. | Anja Beyer                               | 12/98 | MD        |
| 2000 m      | 6:58,10  | min. | Anja Beyer                               | 05/98 | MD        |
| 3000 m      | 12:55,20 | min. | Jana Genilke                             | 10/01 | WMS       |
| 5 km Straße | 19:44,0  | min. | Sabrina Fischer                          | 04/99 | MD        |
| 5 km Team   | 67:32,0  | min. | Siebers,Genilke,Lange                    | 04/01 | MD        |
| 4x75 m      | 40,00    | sec. | Mehl-Buch-Hufnagel-Knecht                | 09/95 | QLB       |
| 4x100 m     | 53,63    | sec. | Uebelhör,Schleif,Wittig<br>Hinrichsmeyer | 07/07 | Borna     |
| 3x800m      | 7:33,50  | min. | Harter-Fischer-Beyer                     | 07/98 | MD        |
| Weit        | 5.10     | m    | Inga Junge                               | 04/94 | MD        |
| Hoch        | 1.60     | m    | Anne Jurack                              | 05/07 | HDL       |
| Dreisprung  | 9.99     | m    | Christiane Kühne                         | 12/97 | MD        |

|                |       |       |  |       |       |
|----------------|-------|-------|--|-------|-------|
| Kugel          | 10.89 | m     | Julie Jackisch                                   | 06/10 | MD    |
| Diskus         | 31,18 | m     | Julie Jackisch                                   | 06/10 | MD    |
| Speer          | 30.32 | m     | Ulrike Zeidler                                   | 07/92 | MD    |
| Hammer         | 18,14 | m     | Nadine Altmann                                   | 05/10 | MD    |
| Ball           | 59.28 | m     | Ulrike Zeidler                                   | 07/92 | MD    |
| Dreikampf      | 1330  | Pkte. | Melanie Thauer                                   | 09/00 | MD    |
| Vierkampf      | 1795  | Pkte. | Manuela Wittig                                   | 04/07 | MD    |
| Fünfkampf      | 2256  | Pkte. | Manuela Wittig                                   | 01/07 | Halle |
| Siebenkampf    | 3045  | Pkt.  | Manuela Wittig                                   | 05/07 | SDL   |
| Team-Vierkampf | 4630  | Pkte. | Pinnecke-Krogmann-Helbing                        | 09/96 | SBK   |
| Team-Vierkampf | 8272  | Pkte. | Wittig,Hinrichsmeyer,Ricks,<br>Uebelhör, Leipold | 04/07 | MD    |
| Block S/S      | 2332  | Pkte. | Anne Jurack                                      | 07/07 | HDL   |
| Block Lauf     | 1781  | Pkt.  | Michele Ahlborn                                  | 06/10 | MD    |
| Block Wurf     | 2323  | Pkte  | Julie Jackisch                                   | 06/10 | MD.   |
| DSMM           | 5662  | Pkte. | Hinrichsmeyer,Jurack,Ricks                       | 09/07 | SDL   |
| Gruppe 3       |       |       | Leipold,Schleif,Übelhör,Wittig                   |       |       |

### **15w**

|                |         |       |   |       |          |
|----------------|---------|-------|---|-------|----------|
| 50m            | 7,22    | sec   | Susanne Pfeifer                                   | 12/99 | WMS      |
| 60m            | 7,98    | sec.  | Susanne Pfeifer                                   | 12/99 | Berlin   |
| 75m            | 9,51    | sec.  | Anja Beyer  | 07/99 | MD       |
| 100m           | 12,90   | sec.  | Anja Beyer  | 10/99 | SBK      |
| 200m           | 26,50   | sec.  | Anja Beyer  | 10/99 | SBK      |
| 300m           | 40,54   | sec.  | Anja Beyer  | 06/99 | MD       |
| 60m Hü         | 9,63    | sec.  | Carolin Kitzing                                   | 01/05 | Halle    |
| 80m Hü         | 12,54   | sec.  | Anja Beyer  | 05/99 | MD       |
| 300m Hü        | 50,13   | sec   | Michele Ahlborn                                   | 06/11 | HDL      |
| 800m           | 2:16,4  | min.  | Anja Beyer  | 04/99 | SDL      |
| 2000m          | 7:03,30 | min.  | Anja Beyer  | 03/99 | Vechelde |
| 5 km Straße    | 21:23,0 | min.  | Manuela Wuttke                                    | 10/95 | Thale    |
| 5 Km Team      | 77,08   | min.  | Neumann, Ahlborn, Eggert                          | 04/11 | MD       |
| 4x75m          | 38,90   | sec   | Helbing-Slabik-Pinnecke-Krogmann                  | 09/97 | Wolfen   |
| 4x100 m        | 51,82   | sec.  | Wittig,Jurack,Leipold,Hinrichsmeye                | 06/08 | Dessau   |
| 3x800m         | 7:20,80 | min.  | Mrozek-Fischer-Beyer                              | 05/99 | MD       |
| Weit           | 5.02    | m     | Verena Slabik                                     | 06/98 | MD       |
| Hoch           | 1.65    | m     | Anne Jurack                                       | 05/08 | SDL      |
| Dreisprung     | 10.55   | m     | Christiane Kühne                                  | 06/98 | HBS      |
| Kugel          | 10,70   | m     | Nadine Altmann                                    | 05/11 | MD       |
| Diskus         | 27.96   | m     | Jessica Zschiesche                                | 04/98 | SBK      |
| Speer          | 30.44   | m     | Melanie Thauer                                    | 05/01 | HDL      |
| Ball           | 49.00   | m     | Kerstin Paulus                                    | 05/93 | MD       |
| Hammer         | 23,20   | m     | Michele Kapst                                     | 04/10 | HDL      |
| Dreikampf      | 1290    | Pkte  | Susanne Pfeifer                                   | 09/99 | MD       |
| Team Dreikampf | 5784    | Pkte. | Pfeifer, Meyer, Küchenhoff,<br>Pickert, Watermann | 09/99 | MD       |
| Vierkampf      | 2029    | Pkte. | Anne Jurack                                       | 04/08 | SBK      |
| Team-Vierkampf | 4774    | Pkte. | Schulz-Krogmann-Helbing                           | 05/96 | SBK      |
|                | 8682    | Pkte. | Jurack,Schleif,Hinrichsmeyer,<br>Wittiig, Ricks   | 04/08 | SBK      |

|             |      |       |                                   |       |       |
|-------------|------|-------|-----------------------------------|-------|-------|
| Fünfkampf   | 2364 | Pkte. | Carolin Kitzing                   | 01/05 | Halle |
| Siebenkampf | 3373 | Pkte. | Anne Jurack                       | 05/08 | SDL   |
| DSMM        | 6483 | Pkte. | Eisenhuth-Slabik-Helbing-Krogmann | 05/96 | MD    |
| Gruppe 2    |      |       | Noack-Zschiesche-Knecht-Mehl-Buch |       |       |
| Block S/S   | 2578 | Pkte. | Anne Jurack                       | 06/08 | SBK   |

|               |                    |         |            |                                    |       |            |
|---------------|--------------------|---------|------------|------------------------------------|-------|------------|
| <b>U 18 w</b> | 50m                | 6,92    | sec.       | Susanne Pfeifer                    | 01/00 | WMS        |
|               | 60m                | 7,92    | sec.       | Susanne Pfeifer                    | 01/00 | MD         |
|               | 100m               | 12,10   | sec.       | Anja Beyer                         | 04/01 | MD         |
|               | 150m               | 18,79   | sec.       | Anja Beyer                         | 05/01 | Vöhrum     |
|               | 200m               | 25,15   | sec.       | Anja Beyer                         | 05/01 | HDL        |
|               | 250m               | 38,84   | sec.       | Carolin Kitzing                    | 05/07 | MD         |
|               | 300m               | 40,54   | sec.       | Anja Beyer                         | 06/99 | MD         |
|               | 400m               | 56,26   | sec.       | Anja Beyer                         | 01/01 | MD         |
|               | 600m               | 1:35,44 | min.       | Anja Beyer                         | 06/01 | MD         |
|               | 60m Hü             | 9,04    | sec.       | Anja Beyer                         | 12/00 | MD         |
|               | 100m Hü            | 14,90   | sec.       | Anja Beyer                         | 04/01 | MD         |
|               | 800m               | 2:14,06 | min.       | Anja Beyer                         | 04/00 | SDL        |
|               | 1000m              | 3:01,98 | min        | Anja Beyer                         | 09/00 | Osterode   |
|               | 1500 m             | 4:49,06 | min        | Anja Beyer                         | 10/00 | HBS        |
|               | 3000m              | 10:50,9 | min        | Anja Beyer                         | 04/00 | Vechelde   |
|               | 7,5km Straße       | 29:43   | min        | Anja Beyer                         | 10/00 | Wittenberg |
|               | Schwedenstaffel    | 2:28,40 | min        | Beyer, Kühle, Mrozek, Harter       | 09/99 | MD         |
|               | Olympische Staffel | 4:31,20 | min        | Mrozek, Grynczel, Beyer, Großmann  | 05/01 | MD         |
|               | 4x100m             | 52,32   | sec        | Helbing,Slabik,Zschiesche,Pinnecke | 06/98 | HAL        |
|               | 4x200m             | 1:48,20 | min        | Fischer,Zschiesche,Pfeifer,Beyer   | 05/99 | MD         |
|               | 3x800m             | 7:20,30 | min        | Beyer, Großmann, Siebers           | 09/01 | MD         |
|               | Weit               | 5,10    | m          | Anne Jurack                        | 01/09 | HAL        |
|               | Dreisprung         | 10,97   | m          | Nicole Pinnecke                    | 07/98 | HBS        |
|               | Hoch               | 1,60    | m          | Anne Jurack                        | 01/09 | MD         |
|               | Kugel              | 09,26   | m( 4,0 Kg) | Martina Lochau                     | 09/96 | WMS        |
|               | Kugel              | 11,40   | m( 3,0 Kg) | Nadine Altmann                     | 06/13 | HDL        |
|               | Diskus             | 31,09   | m          | Nadine Altmann                     | 05/13 | WMS        |
|               | Speer              | 28,20   | m (600 g)  | Kerstin Paulus                     | 05/94 | MD         |
|               |                    | 28,13   | m (500 g)  | Laura Neumann                      | 01/13 | Halle      |
|               | Hammer             | 21,44   | m          | Nadine Altmann                     | 05/12 | MD         |
|               | DJMM               | 3782    | Pkt.       | Zschiesche-Mehl-Helbing            | 05/98 | MD         |
|               | Gruppe 3           |         |            | Pinnecke-Krogmann                  |       |            |
|               | Dreikampf          | 1357    | Pkte.      | Jessica Zschiesche                 | 09/99 | MD         |
|               | Vierkampf          | 1663    | Pkt.       | Laura Neumann                      | 05/12 | Edemissen  |
|               | Fünfkampf          | 2980    | Pkt.       | Anne Jurack                        | 01/09 | HAL        |
|               | Siebenkampf        | 3151    | Pkt.       | Carolin Kitzing                    | 05/07 | SDL        |

|               |       |          |      |                  |       |           |
|---------------|-------|----------|------|------------------|-------|-----------|
| <b>U 20 w</b> | 60m   | 8,17     | sec. | Susanne Pfeifer  | 02/03 | Bielefeld |
|               | 100m  | 13,16    | sec. | Denise Dähne     | 06/05 | SBK       |
|               | 200m  | 26,22    | sec. | Susanne Pfeifer  | 01/03 | Halle     |
|               | 400m  | 56,15    | sec. | Anja Beyer       | 06/01 | Jena      |
|               | 600m  | 1:40,90  | min. | Mareike Großmann | 05/03 | MD        |
|               | 800m  | 2:18,67  | min. | Mareike Großmann | 06/03 | SBK       |
|               | 1500m | 5:10,52  | min. | Mareike Großmann | 05/03 | MD        |
|               | 3000m | 11:02,11 | min. | Mareike Großmann | 03/03 | Halle     |

|                 |          |       |  |       |       |
|-----------------|----------|-------|--|-------|-------|
| 60 Hü           | 10,35    | sec.  | Johanna Heise  | 01/07 | Halle |
| 100m Hü         | 18,46    | sec.  | Johanna Heise  | 06/06 | MD    |
| 400m Hü         | 75,48    | sec.  | Jana Genilke   | 10/06 | HBS   |
| Weit            | 4,92     | m     | Johanna Heise  | 01/07 | Halle |
| Dreisprung      | 9,78     | m     | Carolin Kitzing  | 01/08 | Halle |
| Kugel           | 9,63     | m     | Nadine Altmann   | 05/14 | SBK   |
| Speer           | 31,10    | m     | Johanna Heise  | 01/07 | Halle |
| Diskus          | 30,89    | m     | Nadine Altmann   | 06/14 | MD    |
| 3x800 m         | 9: 07,09 | min.  | Kitzing, Richter, Döring                               | 04/08 | Halle |
| 4x100 m         | 51,71    | sec   | Dähne,Genilke<br>Kluba,Harter                          | 06/05 | SBK   |
| 4x200 m         | 1:48,50  | min.  | Zschesche, Helbing,<br>Pinnecke,Pfeifer                | 02/00 | Halle |
| 4x400m          | 4:39,87  | min.  | Leipold, Köppen  | 06/10 | HDL   |
| Schwedenstaffel | 2:35,77  | min.  | Schleif, Hinrichsmeyer<br>Dähne,Genilke,Kluba<br>Heise | 09/05 | QLB   |
| Hoch            | 1,46     | m     | Carolin Kitzing  | 07/08 | QLB   |
|                 | 1,46     | m     | Sophie Schleif   | 09/12 | WMS   |
| Fünfkampf       | 2348     | Pkte. | Johanna Heise  | 01/07 | Halle |
| Siebenkampf     | 2951     | Pkte. | Carolin Kitzing  | 07/08 | QLB   |
| DJMM, Gr. 3     | 3975     | Pkte. | Dähne,Genilke,Harter,<br>Beyer,Kluba                   | 06/05 | SBK   |

## Juniorinnen

|      |       |      |                      |       |        |
|------|-------|------|----------------------|-------|--------|
| 60 m | 9,00  | sec. | Linda-Sophie Leipold | 12/14 | MD     |
| 400m | 56,46 | sec. | Anja Beyer           | 07/00 | Dessau |

## Frauen

|                    |         |      |   |        |        |
|--------------------|---------|------|---|--------|--------|
| 50 m               | 7,20    | sec. | Susanne Pfeifer   | 01/03  | SDL    |
| 60 m               | 8,19    | sec. | Susanne Pfeifer   | 01/03  | Halle  |
| 100 m              | 13,48   | sec. | Marion Zech   | 06/11  | Leuna  |
| 200 m              | 26,74   | sec. | Susanne Pfeifer   | 01/03  | Halle  |
| 250 m              | 35,79   | sec. | Marion Zech   | 05/07  | MD     |
| 300 m              | 47,09   | sec. | Jana Genilke  | 12/13  | MD     |
| 400m               | 59,33   | sec  | Marion Zech   | 05/11  | MD     |
| 450 m              | 73,17   | sec. | Marion Zech   | 05/07  | MD     |
| 600 m              | 1:54,72 | min  | Jana Genilke  | 05/07  | MD     |
| 800 m              | 2:20,32 | min  | Mareike Großmann  | 01/03  | Halle  |
| Meile              | 6:13,73 | min  | Jana Genilke  | 10/08  | HBS    |
| 10 Km Straße       | 48:20   | min. | Yvonne Sanne  | 04/14  | MD     |
| 2000 m             | 8:34,97 | min. | Yvonne Sanne  | 11/13  | MD     |
| 50 m Hü            | 9,31    | sec. | Ramona Häseler  | 01/00  | SDL    |
| 60 m Hü            | 10,45   | sec. | Johanna Heise   | 01/08  | Halle  |
| 100 m Hü           | 19,35   | sec. | Johanna Heise   | 06/08  | MD     |
| 400m Hü            | 73,57   | sec. | Jana Genilke  | 05/07  | QDL    |
| Olympische Staffel | 4:53,70 | min  | Zschesche, Pfeifer, Knoll, Pinnecke<br>Heise, Zech, Genilke | 05/00  | MD     |
| 3x800 m            | 8:11,40 | min  |   | 05/07  | SBK    |
| 4x100 m            | 53,86   | sec. | Dähne,Genilke,Heise,Kluba                                   | 06/06  | MD     |
| 4x200 m            | 1:52,32 | min  | Zech,Genilke,Heise,Harter                                   | 0 2/07 | Berlin |
| Schwedenstaffel    | 2:34,53 | min  | Hinrichsmeyer,Genilke, Zech<br>Pfeifer                      | 04/12  | SDL    |

|                 |       |      |                          |       |            |
|-----------------|-------|------|--------------------------|-------|------------|
| Weit            | 4,80  | m    | Susanne Pfeifer          | 01/03 | SDL        |
|                 | 4,80  | m    | Esther Kluba             | 01/04 | SDL        |
| Dreisprung      | 10,02 | m    | Jessica Zschiesche       | 01/02 | SDL        |
| Hoch            | 1,46  | m    | Sophie Schleif           | 09/14 | Stadthagen |
| Kugel           | 10,37 | m    | Martina Lochau           | 05/00 | MD         |
| Diskus          | 29,56 | m    | Nadine Altmann           | 06/14 | HDL        |
| Speer           | 30,41 | m    | Judith Czubayko          | 05/03 | WMS        |
| Fünfkampf       | 2185  | Pkt. | Sophie Schleif           | 09/14 | Stadthagen |
| Fünfkampf Mann. | 6349  | Pkt. | Schleif, Neumann, Wittig | 09/14 | Stadthagen |

### W 30

|         |         |      |                                       |       |          |
|---------|---------|------|---------------------------------------|-------|----------|
| 60 m    | 8,94    | sec. | Nicole Rabe                           | 12/14 | MD       |
| 100 m   | 13,61   | sec. | Nicole Rabe                           | 06/14 | MD       |
| 200 m   | 28,03   | sec. | Nicole Rabe                           | 06/14 | Celle    |
| 1500 m  | 6:03,29 | min. | Ivonne Sanne                          | 11/13 | MD       |
| 4x100 m | 64,14   | sec. | Mewes-Bruchholz, Sanne, Ahlborn, Rabe | 05/14 | MD       |
| Weit    | 4,36    | m    | Nicole Rabe                           | 04/14 | Bernburg |
| Kugel   | 8,25    | m    | Nicole Rabe                           | 05/14 | MD       |

### W 35

|              |          |      |                 |       |             |
|--------------|----------|------|-----------------|-------|-------------|
| 60 m         | 9,73     | sec. | Yvonne Sanne    | 12/14 | MD          |
| 100 m        | 16,01    | sec. | Yvonne Sanne    | 06/14 | MD          |
| 200 m        | 33,08    | sec. | Yvonne Sanne    | 11/14 | MD          |
| 400 m        | 74,20    | sec. | Yvonne Sanne    | 05/14 | MD          |
| 800 m        | 2:43,70  | min. | Yvonne Sanne    | 05/14 | SDL         |
| 1500 m       | 6:01,48  | min. | Yvonne Sanne    | 01/14 | MD          |
| 3000 m       | 13:20,51 | min. | Yvonne Sanne    | 01/14 | Halle       |
| Halbmarathon | 1:45,57  | h    | Yvonne Sanne    | 04/14 | Tangermünde |
| Weit         | 4,09     | m    | Yvonne Sanne    | 09/14 | Stadthagen  |
| Hoch         | 1,22     | m    | Yvonne Sanne    | 09/14 | Stadthagen  |
| Kugel        | 10,47    | m    | Judith Czubayko | 06/02 | SDL         |
| Speer        | 31,81    | m    | Judith Czubayko | 02/03 | Halle       |
| Diskus       | 30,82    | m    | Judith Czubayko | 06/02 | SAW         |
| Hammer       | 34,61    | m    | Judith Czubayko | 02/03 | Halle       |
| Werferfünfk. | 2788     | Pkt. | Judith Czubayko | 08/02 | Potsdam     |
| Fünfkampf    | 1894     | Pkt. | Yvonne Sanne    | 09/14 | Stadthagen  |

### W 40

|              |         |   |                   |       |    |
|--------------|---------|---|-------------------|-------|----|
| Halbmarathon | 1:59,49 | h | Jeannette Ahlborn | 10/13 | MD |
|--------------|---------|---|-------------------|-------|----|



# Vereinsrekorde

Stand: 31.12.2014

|                  |            |                            |                                |       |        |
|------------------|------------|----------------------------|--------------------------------|-------|--------|
| <b><u>4m</u></b> | 50m        | 13,96 sec.                 | Tristan Barby                  | 05/12 | SDL    |
|                  | Weit       | 1,58 m                     | Leon Külz                      | 05/14 | MD     |
|                  | Ball       | 3,70 m                     | Leon Külz                      | 05/14 | MD     |
| <b><u>5m</u></b> | 50 m       | 12,61 sec.                 | Tristan Barby                  | 09/13 | WMS    |
|                  | 600m       | 2:42,35 min.               | Tristan Barby                  | 05/13 | SDL    |
|                  | 800 m      | 4:43,09 min.               | Tristan Barby                  | 09/13 | WMS    |
|                  | Weit       | 2,33 m                     | Luis Herrmann                  | 05/14 | MD     |
|                  | Ball       | 8,10 m                     | Luis Herrmann                  | 05/14 | MD     |
|                  | Dreikampf  | 157 Pkt.                   | Tristan Barby                  | 05/13 | SDL    |
| <b><u>6m</u></b> | 50m        | 10,61 sec.                 | Tristan Barby                  | 12/14 | WMS    |
|                  | 400 m      | 1:37,28 min.               | Tristan Barby                  | 05/14 | HBS    |
|                  | 800 m      | 3:39,32 min.               | Tristan Barby                  | 12/14 | WMS    |
|                  | 4x50 m     | 48,18 sec.                 | T.Barby,Stechulat,Fehrig,Beier | 05/14 | MD     |
|                  | Weit       | 2,53 m                     | Tristan Barby                  | 05/14 | HBS    |
|                  | Ball       | 13,56 m                    | Jonas Ganzert                  | 06/12 | MD     |
|                  | Med.-Ball  | 3,18 m                     | Tristan Barby                  | 12/14 | WMS    |
|                  | Dreikampf  | 309 Pkt.                   | Jonas Ganzert                  | 05/12 | SDL    |
| <b><u>7m</u></b> | 50m        | 9,62 sec.                  | Jonas Ganzert                  | 12/13 | WMS    |
|                  | 400 m      | 1:42,91 min.               | Jonas Ganzert                  | 06/13 | HBS    |
|                  | 600 m      | 2:17,97 min.               | Jonas Ganzert                  | 05/13 | SDL    |
|                  | 800 m      | 3:34,42 min.               | Jonas Ganzert                  | 12/13 | WMS    |
|                  | Weit       | 2,90 m                     | Jonas Ganzert                  | 09/13 | WMS    |
|                  | Ball       | 21,84 m                    | Jonas Ganzert                  | 09/13 | WMS    |
|                  | Med.-Ball  | 4,99 m                     | Jonas Ganzert                  | 12/13 | WMS    |
|                  | Dreikampf  | 522 Pkt.                   | Jonas Ganzert                  | 05/13 | SDL    |
| <b><u>8m</u></b> | 50m        | 8,1 sec.                   | Marco Fischer                  | 10/96 | SBK    |
|                  |            |                            | Thomas Wuttke                  | 05/98 | MD     |
|                  |            | 8,13 sec.                  | Tim Rosenthal                  | 11/11 | MD     |
|                  | 400m       | 82,73 sec.                 | Enrico Rohde                   | 02/12 | MD     |
|                  | 600m       | 2:15,21 min.               | Ruben Hübener                  | 05/11 | Dessau |
|                  | 800 m      | 2:59,99 min.               | Enrico Rohde                   | 09/12 | QLB    |
|                  | 1000m      | 3:42,8 min.                | Normen Gartmann                | 05/96 | Halle  |
|                  | 4x50m      | 33,48 sec.                 | Pandorf-Mattusch               | 06/96 | MD     |
|                  |            |                            | -M.Fischer-Gartmann            |       |        |
|                  | 4x100m     | 72,34 sec.                 | Rohde,Pache,Winkelmann,Lange   | 11/11 | MD     |
|                  | 3x800m     | 11:21,94 min.              | Koslowsky, Barby, Ganzert      | 05/14 | WMS    |
|                  | Weit       | 3,58 m                     | Enrico Rohde                   | 09/12 | QLB    |
|                  | Ball       | 40,10 m                    | Andy Pandorf                   | 09/96 | WMS    |
|                  | Med.-Ball  | 5,89 m                     | Jonas Ganzert                  | 12/14 | WMS    |
| Dreikampf        | 890 Pkte.  | Andy Pandorf               | 09/96                          | QLB   |        |
| Team - Dreikampf | 2512 Pkte. | M.Fischer-Gartmann-Pandorf | 10/96                          | SBK   |        |

|           |                |         |       |   |       |     |
|-----------|----------------|---------|-------|---|-------|-----|
| <b>9m</b> | 50m            | 7,60    | sec.  | Björn Deh                                     | 06/95 | SBK |
|           | 400 m          | 76,84   | sec.  | Wilhelm Groo                                  | 02/14 | MD  |
|           | 600m           | 1:59,69 | min.  | Wilhelm Groo                                  | 11/14 | MD  |
|           | 800m           | 2:42,68 | min.  | Björn Deh                                     | 12/95 | MD  |
|           | 1000m          | 3:47,67 | min.  | Normen Gartmann                               | 06/97 | MD  |
|           | 3 km Straße    | 12:30,0 | min.  | Michael Ganse                                 | 04/98 | MD  |
|           | 4x50m          | 32,90   | sec.  | Rohde,Gustloff,Hübener,Rosenthal              | 09/12 | QLB |
|           | 4x100 m        | 64,04   | sec.  | Pache,Gustloff,Hübener,<br>Rosenthal          | 12/12 | MD  |
|           | 3x1000 m       | 9:14,48 | min.  | Pache, Rhode, Hübener                         | 05/12 | MD  |
|           | Weit           | 4,08    | m     | Dirk Heimer                                   | 12/92 | MD  |
|           | Ball           | 47,00   | m     | Andy Pandorf                                  | 09/97 | WMS |
|           | Med.-Ball      | 7,46    | m     | Tim Gräber                                    | 03/06 | WMS |
|           | Dreikampf      | 950     | Pkte. | Normen Gartmann                               | 05/97 | SBK |
|           | Team-Dreikampf | 2624    | Pkte. | Schrader-M.Fischer-Pandorf                    | 09/96 | QLB |
|           | Team Dreikampf | 3435    | Pkte. | Rosenthal,Hübener,Gustloff,<br>Lange          | 02/12 | MD  |
|           | Team Dreikampf | 3532    | Pkte. | Rosenthal,Gustloff,Rohde,<br>Lange,Winkelmann | 09/12 | HBS |

|            |                |         |       |   |       |              |
|------------|----------------|---------|-------|---|-------|--------------|
| <b>10m</b> | 50m            | 7,40    | sec.  | Christian Kimmich                                 | 06/95 | SBK          |
|            | 400 m          | 78,43   | sec.  | P.Lucas Gabauer                                   | 01/12 | MD           |
|            | 600 m          | 2:00,80 | min.  | Ruben Hübener                                     | 11/13 | MD           |
|            | 800 m          | 2:44,04 | min.  | Franz-Martin Gnilke                               | 09/12 | QLB          |
|            | 1000m          | 3:23,50 | min.  | Michael Ganse                                     | 12/99 | MD           |
|            | 2000m          | 7:45,50 | min.  | Normen Gartmann                                   | 05/98 | MD           |
|            | 3 km Straße    | 12:09,0 | min.  | Björn Deh   | 04/96 | MD           |
|            | 3 Km Team      | 41:31   | min.  | Popitz, F.Lindner, M.Lindner                      | 04/11 | MD           |
|            | 5 km Straße    | 21:41,0 | min   | Björn Deh   | 10/96 | WTB          |
|            | 4x 50m         | 30,51   | sec.  | Lange,Hübener,Gustloff,Rosenthal                  | 07/13 | HBS          |
|            | 4 x 100 m      | 61,56   | sec.  | Gustloff,Hübener,Pache,Rosenthal                  | 03/13 | MD           |
|            | 3x1000m        | 11:37,6 | min.  | Rieger-Meier-Gartmann                             | 09/97 | Bad Bevensen |
|            | Hoch           | 1,30    | m     | Paul-Lucas Gabauer                                | 12/12 | WMS          |
|            | Weit           | 4,19    | m     | Normen Gartmann                                   | 07/98 | MD           |
|            | Ball           | 49,18   | m     | Andy Pandorf                                      | 09/98 | WMS          |
|            | Med.-Ball      | 8,31    | m     | Carsten Herzog                                    | 11/01 | WMS          |
|            | Dreikampf      | 1040    | Pkte. | Andy Pandorf                                      | 05/98 | SBK          |
|            | Vierkampf      | 1336    | Pkte. | Paul-Lucas Gabauer                                | 09/12 | HBS          |
|            | Team Dreikampf | 3944    | Pkte. | F.Lindner,M.Lindner,Lange<br>Klaus,Holland-Moritz | 09/11 | SBK          |
|            | Team Vierkampf | 4834    | Pkte. | M.Lindner,F.Lindner,Lange<br>Klaus,Holland-Moritz | 09/11 | SBK          |

|            |             |         |      |                                  |       |         |
|------------|-------------|---------|------|----------------------------------|-------|---------|
| <b>11m</b> | 50m         | 7,30    | sec. | Stephan Sasse                    | 06/95 | SBK     |
|            |             |         |      | Christian Kimmich                | 10/96 | SBK     |
|            | 400 m       | 80,85   | sec. | Travis Heine                     | 01/11 | MD      |
|            | 600 m       | 1:59,72 | min. | Franz Martin Gnilke              | 11/13 | MD      |
|            | 800 m       | 2:43,02 | min. | Franz Martin Gnilke              | 11/13 | MD      |
|            | 1000m       | 3:18,43 | min. | Björn Deh                        | 10/97 | Celle   |
|            | 2000m       | 7:22,2  | min. | Tobias Herbst                    | 04/96 | Vechede |
|            | 3 km Straße | 11:36,0 | min. | Michael Ganse                    | 04/00 | MD      |
|            | 5 km Straße | 19:26,0 | min  | Tobias Herbst                    | 10/96 | WTB     |
|            | 3 km Team   | 37:03,0 | min. | Fischer-Ganse-Gartmann           | 04/99 | MD      |
|            | 4x50m       | 30,30   | sec. | Deh-Herbst-Walkowiak-Bastian     | 06/96 | QLB     |
|            | 4x100m      | 57,90   | sec. | Gabauer, Gnilke,Rosenthal,Kasten | 12/13 | MD      |

|                |              |  |   |       |          |
|----------------|--------------|--|---|-------|----------|
| 3x800m         | 8:57,81 min. |  | Pache, Rohde, Hübener                     | 05/14 | WMS      |
| 3x1000m        | 8:59,39 min. |  | Gnilke,Gabauer, Lindner M.                | 05/12 | MD       |
| Hoch           | 1.41 m       |  | Paul-Lucas Gabauer                        | 11/13 | WMS      |
| Weit           | 4.61 m       |  | Paul-Lucas Gabauer                        | 09/13 | Bernburg |
| Ball           | 57,30 m      |  | Andy Pandorf                              | 05/99 | QLB      |
| Medizinball    | 9,79 m       |  | Andy Pandorf                              | 11/99 | WMS      |
| Dreikampf      | 1200 Pkte.   |  | Andy Pandorf                              | 05/99 | HBS      |
| Vierkampf      | 1492 Pkte.   |  | Paul-Lucas Gabauer                        | 09/13 | SBK      |
| Team-Dreikampf | 3086 Pkte.   |  | Sasse-Kimmich-Brämer                      | 05/96 | HBS      |
| Team-Dreikampf | 5209 Pkte.   |  | Fischer,Titze, Pandorf, Sahnel, Hickmann  | 07/99 | MD       |
| Team-Vierkampf | 6739 Pkte.   |  | Pandorf, Titze, Fischer, Hickmann, Sahnel | 07/99 | MD       |

## 12m

|             |              |  |                                |       |              |
|-------------|--------------|--|--------------------------------|-------|--------------|
| 50m         | 7,20 sec.    |  | Christian Kimmich              | 04/97 | HDL          |
| 60m         | 8,84 sec.    |  | Paul-Lucas Gabauer             | 12/14 | MD           |
| 75 m        | 10,66 sec.   |  | Alexander Bucklisch            | 05/06 | MD           |
| 150m        | 22,45 sec.   |  | Marc Friesecke                 | 03/99 | MD           |
| 200m        | 30,63 sec.   |  | Norbert Franke                 | 03/99 | MD           |
| 50 m Hü     | 10,09 sec.   |  | Paul-Lukas Gabauer             | 11/13 | SDL          |
| 60m Hü      | 10,94 sec.   |  | Ulrich Miehe                   | 07/93 | MD           |
| 800 m       | 2:42,19 min. |  | Franz Martin Gnilke            | 11/14 | MD           |
| 1000m       | 3:11,29 min. |  | Ulrich Miehe                   | 07/93 | MD           |
| 2000m       | 6:54,80 min. |  | Tobias Herbst                  | 07/97 | MD           |
| 3 Km Straße | 14:51 min.   |  | Paul Moritz Kasten             | 04/14 | MD           |
| 5 km Straße | 18:36,0 min. |  | Tobias Herbst                  | 10/97 | Wittenberg   |
| 4x50m       | 29,38 sec.   |  | Stäritz-Miehe-Rönicke-Mewes    | 07/93 | MD           |
| 4x100 m     | 59,94 sec.   |  | Gnilke,Kasten,Exnowitz,Gabauer | 01/14 | MD           |
| 3x1000m     | 10:16,9 min. |  | Walkowiak-Deh-Herbst           | 09/97 | Bad Bevensen |
| Weit        | 4,82 m       |  | Thomas Kollert                 | 06/91 | MD           |
| Hoch        | 1,50 m       |  | Paul-Lucas Gabauer             | 11/14 | MD           |
| Kugel       | 11,26 m      |  | Alexander Jödecke              | 09/94 | MD           |
| Diskus      | 27,93 m      |  | Andy Pandorf                   | 09/00 | Edemissen    |
| Ball        | 60,00 m      |  | Alexander Jödecke              | 09/94 | HBS          |
| Speer       | 39,28 m      |  | Alexander Jödecke              | 09/94 | MD           |
| Dreikampf   | 1273 Pkte.   |  | Andy Pandorf                   | 09/00 | MD           |
| Vierkampf   | 1681 Pkte.   |  | Alexander Jödecke              | 09/94 | HBS          |

## 13m

|           |              |  |                                 |       |        |
|-----------|--------------|--|---------------------------------|-------|--------|
| 50m       | 6,70 sec.    |  | Jens Rieser                     | 10/94 | WMS    |
| 60m       | 8,76 sec.    |  | Andy Pandorf                    | 03/01 | MD     |
| 75 m      | 10,52 sec.   |  | Andy Pandorf                    | 05/01 | MD     |
| 150m      | 21,18 sec.   |  | Christian Kimmich               | 03/98 | MD     |
| 100 m     | 15,38 sec.   |  | Marco Stempel                   | 04/10 | HDL    |
| 200m      | 29,18 sec.   |  | Christian Kimmich               | 03/98 | MD     |
| 60m Hü    | 9,98 sec.    |  | Stefan Becker                   | 07/93 | MD     |
| 800 m     | 2:34,80 min. |  | Michael Ganse                   | 07/02 | Köthen |
| 1000m     | 3:00,9 min.  |  | Maik Draeger                    | 05/95 | BLK    |
| 2000m     | 6:44,49 min. |  | Tim Scheller                    | 02/02 | Halle  |
| 3000m     | 10:24,3 min. |  | Tobias Herbst                   | 07/98 | HBS    |
| 4x50m     | 29,0 sec.    |  | Werner-Dirks-Gerstmann-Draeger  | 06/95 | SBK    |
| 4 x 75 m  | 41,72 sec.   |  | Ganse,Fischer,Scheller,Gartmann | 06/01 | MD     |
| 4 x 100 m | 57,22 sec.   |  | Gnilke,Kasten,Gabauer,Nißen     | 11/14 | MD     |
| 3x1000m   | 9:57,02 min. |  | Herbst-Böttcher-Deh             | 05/98 | BLK    |

|                |         |       |                            |       |     |
|----------------|---------|-------|----------------------------|-------|-----|
| 3 Km Straße    | 12:11   | min.  | Peter Czornack             | 04/14 | MD  |
| 3 Km Team      | 42:00   | min.  | Czornack, Kasten, Exnowitz | 04/14 | MD  |
| 5 km Straße    | 18:39,0 | min.  | Tobias Herbst              | 04/98 | MD  |
| 5 km Team      | 59:14,0 | min.  | Herbst-Marek-Deh           | 04/98 | MD  |
| Weit           | 5.16    | m     | Jens Rieser                | 10/94 | WMS |
| Hoch           | 1.48    | m     | Thomas Kollert             | 05/92 | MD  |
|                |         |       | Christian Kimmich          | 06/98 | WMS |
| Kugel          | 12.68   | m     | Alexander Jödecke          | 05/95 | MD  |
| Diskus         | 36.26   | m     | Dennis Neue                | 06/97 | HAL |
| Speer          | 41.72   | m     | Alexander Jödecke          | 09/95 | MD  |
| Ball           | 71.64   | m     | Alexander Jödecke          | 09/95 | HBS |
| Dreikampf      | 1417    | Pkte. | Jens Rieser                | 10/94 | WMS |
| Vierkampf      | 1872    | Pkte. | Alexander Jödecke          | 09/95 | HBS |
| Team-Vierkampf | 1419    | Pkte. | Werner-Neue-Verständig     | 09/96 | SBK |
| DSMM           | 3163    | Pkte. | Werner-Verständlich-Neue   | 10/96 | SDL |
| Gruppe 2       |         |       | Brämer-Först               |       |     |

### 14m

|            |          |       |                                      |       |              |
|------------|----------|-------|--------------------------------------|-------|--------------|
| 60m        | 7,70     | sec.  | Mike Hüttenrauch                     | 12/96 | MD           |
| 75m        | 9,20     | sec.  | Mike Hüttenrauch                     | 10/96 | SBK          |
| 100m       | 12,97    | sec.  | Claudius Speitel                     | 06/10 | MD           |
| 200m       | 28,24    | sec.  | Börge Bastian                        | 03/99 | MD           |
| 300m       | 43,28    | sec.  | Norman Gartmann                      | 12/02 | MD           |
| 60m Hü     | 9,68     | sec.  | Gerard Kolew                         | 12/93 | MD           |
| 80m Hü     | 12,40    | sec.  | Stefan Becker                        | 06/94 | Halle        |
| 1000m      | 2:49,78  | min.  | Maik Draeger                         | 09/96 | BLK          |
| 1500 m     | 4:45,88  | min   | Björn Deh                            | 10/00 | HBS          |
| 2000m      | 6:38,78  | min.  | Maik Draeger                         | 05/96 | MD           |
| 3000m      | 10:06,20 | min.  | Tobias Herbst                        | 03/99 | Vechelede    |
| 4x75m      | 39,70    | sec.  | Rauwald-Kolew-Waege-Küllmei          | 07/93 | MD           |
| 4x100 m    | 59,52    | sec.  | Speitel, Stempel, Zietlow, Butzclaff | 11/10 | MD           |
| 3x1000m    | 9:00,90  | min.  | Krolop-Mewes-Draeger                 | 09/96 | Bad Beversen |
| 5km Straße | 18:01,00 | min.  | Maik Draeger                         | 10/96 | WTB          |
| Weit       | 5.55     | m     | Jens Rieser                          | 06/95 | MD           |
| Hoch       | 1.60     | m     | Mike Hüttenrauch                     | 08/96 | HDL          |
| Dreisprung | 11.00    | m     | Mike Hüttenrauch                     | 08/96 | HDL          |
| Kugel      | 14,85    | m     | Lars Hermecke                        | 12/02 | MD           |
| Diskus     | 41.26    | m     | Andy Pandorf                         | 09/02 | Edemissen    |
| Speer      | 48.57    | m     | Andy Pandorf                         | 10/02 | HDL          |
| Ball       | 62.00    | m     | Gerard Kolew                         | 05/93 | MD           |
| Dreikampf  | 1543     | Pkte. | Jens Rieser                          | 06/95 | Hildesheim   |
| Vierkampf  | 1990     | Pkte. | Stephan Hertrich                     | 05/95 | MD           |
| Block Lauf | 2147     | Pkte. | Claudius Speitel                     | 06/10 | MD           |

|            |               |         |       |                                    |       |            |
|------------|---------------|---------|-------|------------------------------------|-------|------------|
| <b>15m</b> | 60m           | 7,44    | sec.  | Mike Hüttenrauch                   | 12/97 | MD         |
|            | 75m           | 9,00    | sec.  | Mike Hüttenrauch                   | 05/97 | SBK        |
|            | 100m          | 11,90   | sec.  | Mike Hüttenrauch                   | 09/97 | Eisleben   |
|            | 120 m         | 15,14   | sec.  | Sebastian Tolle                    | 05/07 | MD         |
|            | 150 m         | 19,11   | sec.  | Sebastian Tolle                    | 05/07 | MD         |
|            | 200m          | 24,62   | sec.  | Mike Hüttenrauch                   | 12/97 | MD         |
|            | 250 m         | 33,22   | sec.  | Sebastian Tolle                    | 05/07 | MD         |
|            | 300m          | 38,97   | sec.  | Claudius Speitel                   | 06/11 | HDL        |
|            | 60m Hü        | 9,34    | sec.  | Sebastian Tolle                    | 01/07 | Halle      |
|            | 80m Hü        | 11,67   | sec.  | Sebastian Tolle                    | 08/07 | Lage       |
|            | 300 m Hü      | 45,23   | sec.  | Sebastian Tolle                    | 05/07 | QLB        |
|            | 1000 m        | 2:46,41 | min.  | Maik Draeger                       | 06/97 | HAL        |
|            | 1500 m        | 4:36,06 | min.  | Tobias Herbst                      | 06/00 | MD         |
|            | 2000 m        | 6:20,8  | min.  | Maik Draeger                       | 05/97 | MD         |
|            | 3000 m        | 9:46,18 | min.  | Maik Draeger                       | 06/97 | HAL        |
|            | 4x 75 m       | 37,03   | sec.  | Hüttenrauch-Rieser-Hertrich-Dirks  | 10/96 | SDL        |
|            | 4x 100 m      | 55,04   | sec.  | Deh, Gehrke, Herbst, Wiebach       | 05/00 | MD         |
|            | 3x1000m       | 9:04,5  | min.  | Stäritz-Mewes-Draeger              | 08/96 | Edemissen  |
|            | 5 km Straße   | 17:06   | min.  | Christian Gehrke                   | 10/01 | Wittenberg |
|            | 5 km Team     | 55::25  | min.  | Deh-Gehrke, Wiebach                | 04/01 | MD         |
|            | Weit          | 6.18    | m     | Mike Hüttenrauch                   | 06/97 | HAL        |
|            | Hoch          | 1,92    | m     | Sebastian Tolle                    | 08/07 | Lage       |
|            | Dreisprung    | 12.46   | m     | Mike Hüttenrauch                   | 06/97 | HAL        |
|            | Hammerwurf    | 17,92   | m     | Christian Schulze                  | 07/99 | MD         |
|            | Kugel         | 16.62   | m     | Lars Hermecke                      | 12/03 | WMS        |
|            | Diskus        | 46,95   | m     | Andy Pandorf                       | 04/03 | HBS        |
|            | Speer         | 55.25   | m     | Andy Pandorf                       | 06/03 | SBK        |
|            | Ball          | 71.50   | m     | Gerard Kolew                       | 05/94 | MD         |
|            | Dreikampf     | 1462    | Pkte. | Christian Kimmich                  | 09/00 | MD         |
|            | Vierkampf     | 2249    | Pkte. | Mike Hüttenrauch                   | 06/97 | Vechelde   |
|            | DSMM          | 6487    | Pkte. | Hüttenrauch-Hertrich-Dirks-Draeger | 10/96 | SDL        |
|            | Gruppe 2      |         |       | Stäritz-Krolop-Hanschmann-Rieser   |       |            |
|            | Block-WK S/ S | 3005    | Pkte. | Sebastian Tolle                    | 08/07 | Lage       |

|               |               |              |                                  |       |             |
|---------------|---------------|--------------|----------------------------------|-------|-------------|
| <b>U 18 m</b> | 60 m          | 7,31 sec.    | Karsten Tiedemann                | 12/04 | MD          |
|               | 60 m Hü       | 10,28 sec.   | Vitalij Burger                   | 12/95 | MD          |
|               | 100 m         | 11,40 sec.   | Mike Hüttenrauch                 | 05/98 | MD          |
|               | 200 m         | 23,41 sec.   | Karsten Tiedemann                | 06/04 | SBK         |
|               | 300 m         | 38,77 sec.   | Mike Hüttenrauch                 | 06/98 | Halle       |
|               | 400 m         | 52,76 sec.   | Christoph Zoitke                 | 12/01 | Paderborn   |
|               | 600 m         | 1:29,90 min  | Sebastian Schumann               | 06/01 | MD          |
|               | 800 m         | 2:02,58 min. | Christoph Zoitke                 | 06/01 | HBS         |
|               | 1000 m        | 2:44,74 min. | Christoph Zoitke                 | 12/01 | MD          |
|               | 2000 m        | 6:54,92 min. | Frithjow Bütow                   | 05/02 | HDL         |
|               | 1500 m        | 4:26,62 min. | Erik Typky                       | 12/01 | Paderborn   |
|               | 3000 m        | 9:49,51 min  | Eryk Typky                       | 06/01 | HBS         |
|               | 7,5 km Str.   | 27:12,0 min. | Norman Bonchor                   | 10/00 | Wittenberg  |
|               | 7,5 km Team   | 1:24,24 min. | Bonchor, Schumann, Typky         | 10/00 | Wittenberg  |
|               | 10,0 Km Str.  | 39:29,0 min. | Frithjof Bütow                   | 04/03 | MD          |
|               | Halb-Marathon | 1:41,58 h    | Norman Bonchor                   | 05/00 | Hannover    |
|               | 4 x 100 m     | 48,16 sec.   | Zoitke, Schumann, Wilke, Bonchor | 06/00 | MD          |
|               | 4 x 200 m     | 1:38,10 min  | Bonchor, Schumann, Zoitke, Wilke | 05/00 | MD          |
|               | 4 x 400 m     | 3:38,59 min  | Bonchor, Wilke, Zoitke, Schumann | 06/00 | Dessau      |
|               | 3x1000 m      | 8:39,50 min  | Typky, Zoitke, Schumann          | 09/01 | MD          |
|               | Hochsprung    | 1,80 m       | Steffen Altendorf                | 06/94 | MD          |
|               |               | 1,80 m       | Christian Kimmich                | 12/01 | Paderborn   |
|               | Weitsprung    | 6,30 m       | Mike Hüttenrauch                 | 05/98 | Blankenburg |
|               | Dreisprung    | 13.66 m      | Christian Kimmich                | 08/02 | Berlin      |
|               | Kugel         | 17.68 m      | Lars Hermecke                    | 12/05 | MD          |
|               | Diskus        | 39.59 m      | Andy Pandorf                     | 03/04 | SBK         |
|               | Speer         | 58.39 m      | Andy Pandorf                     | 06/04 | MD          |
|               | Dreikampf     | 1686 Pkte.   | Mike Hüttenrauch                 | 09/99 | MD          |
|               | Fünfkampf     | 2931 Pkte.   | Mike Hüttenrauch                 | 06/98 | Halle       |

|               |                    |          |       |  |       |              |
|---------------|--------------------|----------|-------|--|-------|--------------|
| <b>U 20 m</b> | 50 m               | 6,75     | sec   | Steffen Eggert                             | 11/05 | WMS          |
|               | 60 m               | 6,99     | sec.  | Christian Kimmich                          | 12/04 | Potsdam      |
|               | 60 m Hü            | 9,30     | sec.  | Ingo Glockauer                             | 01/96 | MD           |
|               | 100 m              | 11,21    | sec.  | Christian Kimmich                          | 04/04 | MD           |
|               | 200 m              | 23,30    | sec.  | Philipp Anke                               | 06/14 | MD           |
|               | 300 m              | 37,87    | sec.  | Philipp Anke                               | 12/13 | MD           |
|               | 400 m              | 49,50    | sec.  | Wadim Belentschikow                        | 01/00 | Halle        |
|               | 600 m              | 1:29,02  | min   | Sebastian Schumann                         | 05/02 | MD           |
|               | 800 m              | 1:58,44  | min   | Christoph Zoitke                           | 06/03 | SBK          |
|               | 1000 m             | 2:38,90  | min.  | Christoph Zoitke                           | 02/02 | Halle        |
|               | 1500 m             | 4:22,81  | min   | Christoph Zoitke                           | 05/03 | BLK          |
|               | 2000 m             | 6:20,73  | min.  | Erik Typky                                 | 05/03 | HDL          |
|               | 3000 m             | 9:26,03  | min.  | Erik Typky                                 | 02/02 | Halle        |
|               | 5000 m             | 17:17,81 | min.  | Erik Typky                                 | 06/02 | Dessau       |
|               | 10 Km Str.         | 37:00,00 | min.  | Erik Typky                                 | 04/02 | MD           |
|               | 1 Meile            | 5:36,83  | min.  | Karsten Tiedemann                          | 10/06 | HBS          |
|               | 110m Hü            | 16,58    | sec.  | Vitalij Burger                             | 08/96 | BLK          |
|               | Olympische Staffel | 3:54,20  | min   | Zoitke, Schumann, Typky,<br>Bonchor        | 05/01 | MD           |
|               | 4x 100 m           | 48,91    | sec.  | Kellner, Anke<br>Butzlaff, Stempel         | 06/14 | MD           |
|               | 4x 200 m           | 1:38,25  | min   | Bonchor,Zoitke,Schumann<br>Wilke           | 01/01 | Halle        |
|               | 4x 400 m           | 3:42,58  | min   | Zoitke,Typky,Schumann<br>D. Hüttenrauch    | 06/01 | HBS          |
|               | 3x1000 m           | 8:39,03  | min   | Bonchor,Typky,Schumann                     | 05/01 | Halle        |
|               | Weit               | 6.64     | m     | Christian Kimmich                          | 04/04 | MD           |
|               | Hoch               | 1.80     | m     | Christian Kimmich                          | 11/03 | MD           |
|               | Dreisprung         | 14.82    | m     | Christian Kimmich                          | 02/04 | Neubrandenb. |
|               | Kugel              | 11.94    | m     | Andreas Timme                              | 01/03 | Halle        |
|               | Diskus             | 33.40    | m     | Vitalij Burger                             | 08/96 | BLK          |
|               | Speer              | 46.78    | m     | Ingo Glockauer                             | 08/96 | BLK          |
|               | Dreikampf          | 1555     | Pkte  | Wadim Belentschikow                        | 09/99 | MD           |
|               | Fünfkampf          | 2814     | Pkte. | Wadim Belentschikow                        | 09/00 | MD           |
|               | DJMM, Gr. 3        | 5117     | Pkte. | Tiedemann,Fischer,<br>Steven Günther,Lemke | 06/05 | SBK          |

## Junioren

|  |            |       |      |                     |       |          |
|--|------------|-------|------|---------------------|-------|----------|
|  | 400 m      | 51,00 | sec. | Wadim Belentschikow | 07/00 | Dessau   |
|  | Dreisprung | 15,18 | m    | Christian Kimmich   | 08/07 | Hannover |

## Männer

|                 |          |      |                       |       |               |
|-----------------|----------|------|-----------------------|-------|---------------|
| 50 m            | 6,31     | sec. | Christian Kimmich     | 01-06 | SDL           |
| 60 m            | 6,97     | sec. | Christian Kimmich     | 01/05 | Halle         |
| 100 m           | 10,89    | sec. | Christian Kimmich     | 05/07 | Hannover      |
| 200 m           | 23,32    | sec. | Wadim Belentschikow   | 06/02 | MD            |
| 250 m           | 30,39    | sec. | Karsten Tiedemann     | 05/07 | MD            |
| 400 m           | 49,70    | sec. | Wadim Belentschikow   | 12/01 | Paderborn     |
| 450 m           | 61,83    | sec. | Karsten Tiedemann     | 05/07 | MD            |
| 600 m           | 1:45,18  | min. | Karsten Tiedemann     | 05/07 | MD            |
| 800 m           | 2:01,40  | min. | Christoph Zoitke      | 01/03 | Halle         |
| 1000 m          | 2:40,59  | min. | Wadim Belentschikow   | 12/01 | MD            |
| 1500 m          | 4:22,77  | min. | Eryk Typky            | 06/04 | MD            |
| 5000 m          | 17:05,28 | min. | Erik Typky            | 04/04 | SDL           |
| Meile           | 4:45,16  | min  | Wadim Belentschikow   | 10/00 | HBS           |
| 10 Km Straße    | 46:06    | min. | Jörg Eggert           | 04/14 | MD            |
| Halbmarathon    | 1:15,33  | h    | Uwe Haake             | 04/94 | MD            |
| 4 x 100 m       | 46,14    | sec  | Langer, Eggert        | 05/05 | MD            |
|                 |          |      | Tiedemann, Kimmich    |       |               |
| 4 x 200 m       | 1:34,10  | min. | Seefeld, Schumann.    | 12/01 | Paderborn     |
|                 |          |      | Zoitke, Belentschikow |       |               |
| Schwedenstaffel | 2:20,07  | min. | Langer, Tiedemann,    | 09/05 | QLB           |
|                 |          |      | St. Günther, Lemke    |       |               |
| Weitsprung      | 6.87     | m    | Christian Kimmich     | 01/05 | Halle         |
| Dreisprung      | 14.99    | m    | Christian Kimmich     | 07/05 | Wilhelmshaven |
| Hoch            | 1,70     | m    | Christian Kimmich     | 11/05 | WMS           |
| Speer           | 54.15    | m    | Ingo Glockauer        | 09/98 | BLK           |
| Kugel           | 14,96    | m    | Lars Hermecke         | 06/11 | SDL           |
| Diskus          | 39,03    | m    | Lars Hermecke         | 05/11 | MD            |
| Hammer          | 31,37    | m    | Lars Hermecke         | 05/12 | SDL           |
| Gewichtwurf     | 9,14     | m    | Lars Hermecke         | 06/12 | Salzw.        |

## Männer M 30

|        |       |      |               |       |     |
|--------|-------|------|---------------|-------|-----|
| 100 m  | 13,80 | sec. | Ralf Koslosky | 09/13 | SBK |
| Weit   | 4,93  | m    | Ralf Koslosky | 09/13 | SBK |
| Hoch   | 1,50  | m    | Ralf Koslosky | 05/14 | MD  |
| Kugel  | 13,03 | m    | Ralf Koslosky | 05/14 | MD  |
| Diskus | 39,96 | m    | Ralf Koslosky | 09/13 | WMS |
| Speer  | 42,52 | m    | Ralf Koslosky | 09/13 | WMS |

## Männer M 35

|        |       |   |             |       |       |
|--------|-------|---|-------------|-------|-------|
| Kugel  | 13,54 | m | Mario Meier | 01/07 | MD    |
| Diskus | 32,90 | m | Mario Meier | 01/07 | Halle |
| Speer  | 48,20 | m | Mario Meier | 01/07 | Halle |



### **Männer M 40**

|       |       |      |                    |       |     |
|-------|-------|------|--------------------|-------|-----|
| 60 m  | 8,96  | sec. | Dirk Schneider     | 03/05 | MD  |
| 100 m | 15,05 | sec. | Michael Sawallisch | 05/02 | BLK |
| 200 m | 29,90 | sec. | Dirk Schneider     | 03/05 | MD  |
| 400 m | 70,22 | sec. | Dirk Schneider     | 03/05 | MD  |
| Kugel | 6,83  | m    | Michael Sawallisch | 05/02 | BLK |
| Speer | 21,97 | m    | Michael Sawallisch | 05/02 | BLK |

### **Männer M 45**

|       |       |      |                    |       |     |
|-------|-------|------|--------------------|-------|-----|
| 100 m | 14,65 | sec. | Michael Sawallisch | 05/03 | BLK |
| Weit  | 4,55  | m    | Michael Sawallisch | 05/03 | BLK |
| Kugel | 6,69  | m    | Michael Sawallisch | 05/03 | BLK |
| Speer | 24,18 | m    | Michael Sawallisch | 05/03 | BLK |

### **Männer M 50**

|              |          |      |                |       |       |
|--------------|----------|------|----------------|-------|-------|
| 800 m        | 2:52,74  | min. | Jörg Eggert    | 01/14 | Halle |
| 1500 m       | 5:59,06  | min. | Jörg Eggert    | 01/14 | Halle |
| 3000 m       | 13:05,93 | min. | Jörg Eggert    | 01/14 | Halle |
| 10 km        | 41:31    | min. | Manfred Brösel | 10/01 | MD    |
| Halbmarathon | 1:47,37  | h    | Jörg Eggert    | 10/13 | MD    |